



carlin's bar & bistro



Breakfast is served

7am - 9am Monday - Friday
8am - 10am Saturday, Sunday
& Bank Holidays

Continental selection

Selection of fruit juices & yoghurt drinks

White or wholemeal toast with a selection of preserves

Teas: English breakfast, Earl Grey, Green, Peppermint or Fruit
Freshly brewed filter coffee

Your choice from our buffet

Fresh fruit salad

Stewed prunes

Grapefruit segments

Choice of cereals

Selection of fruit yoghurts

Brioche

Hot selection

Your choice from the following

Full Cumbrian Breakfast

Two eggs any style, Back bacon, Cumberland sausage,
Field mushroom, Grilled tomato and Baked beans

Full Cumbrian Vegetarian Breakfast

Two eggs any style, Vegetarian sausage, Field mushroom,
Grilled tomato and Baked beans

Eggs Benedict

Traditional oat porridge

Omelette with your choice of filling

Scrambled eggs with smoked salmon

Bacon or sausage sandwich